



THE DUKE
OF EDINBURGH'S
AWARD

31 AUGUST 2016

The Duke of Edinburgh's Award



INTRODUCTION TO THE DofE

Date
LO

22 MARCH 2017

The Duke of Edinburgh's Award



INTRODUCTION TO THE DofE

Date
LO

31 AUGUST 2016

The Duke of Edinburgh's Award

THE DOFE IS...

...the world's leading achievement award for young people



- Non-competitive
- Achievable by all
- Voluntary
- Personal development
- Personalised
- Balanced
- Progressive
- Achievement focused
- Demand commitment
- Enjoyable

BRONZE AWARD

- There is a **massive choice** of activities that count towards a DofE programme
- Activities could be something that you are already doing or completely new
- All activities **must be outside of normal school curriculum**. Lunch and after school clubs and activities are fine
- The activity should be done for **approximately an hour a week**
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, but **cannot be a relative**



BRONZE

Volunteering **3** months

Physical **3** months

Skills **3** months

Expedition **2** days **1** night

PLUS a further 3 months in the Volunteering, Physical or Skills section.



SILVER AWARD

- There is a **massive choice** of activities that count towards a DofE programme
- Activities could be something that you are already doing or completely new
- All activities **must be outside of normal school curriculum**. Lunch and after school clubs and activities are fine
- The activity should be done for **approximately an hour a week**
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, but **cannot be a relative**



SILVER

Volunteering 6 months

Physical

one section for
6 months, the
other for 3 months

Skills

Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.

Expedition 3 days 2 nights



GOLD AWARD

- There is a **massive choice** of activities that count towards a DofE programme
- Activities could be something that you are already doing or completely new
- All activities **must be outside of normal school curriculum**. Lunch and after school clubs and activities are fine
- The activity should be done for **approximately an hour a week**
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, but **cannot be a relative**



GOLD

Volunteering **12 months**

Physical

one section for
12 months, the
other for 6 months

Skills

Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.

Expedition **4 days 3 nights**



Residential **5 days 4 nights**

DOFE LEVELS

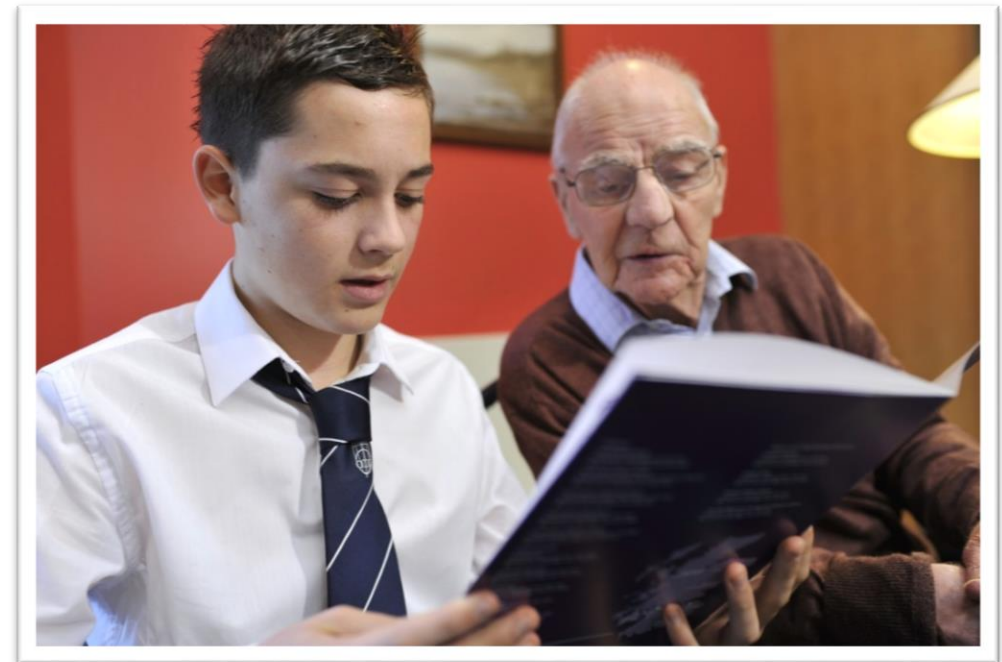
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BRONZE		<i>PLUS a further 3 months in the Volunteering, Physical or Skills section.</i>
Volunteering	3 months	
Physical	3 months	
Skills	3 months	
Expedition 2 days 1 night		
		
SILVER		<i>Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.</i>
Volunteering	6 months	
Physical	one section for 6 months, the other for 3 months	
Skills		
Expedition 3 days 2 nights		
		
GOLD		<i>Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.</i>
Volunteering	12 months	
Physical	one section for 12 months, the other for 6 months	
Skills		
Expedition 4 days 3 nights		
		
Residential 5 days 4 nights		

VOLUNTEERING

Volunteering is simple. It's about choosing to give time to something useful, without getting paid.

- **Helping people**
- **Community action and raising awareness**
- **Coaching, teaching and leadership**
- **Working with the environment or animals**
- **Helping a charity or community organisation**



PHYSICAL

Get Active! Anything that requires a sustained level of physical energy by taking part in a sport activity.

- Team Sports
- Individual Sports
- Water Sports
- Racquet Sports
- Dance
- Fitness
- Extreme Sports
- Martial Arts



SKILL

To develop practical and social skills and personal interests by developing a new skill or improving an existing one.

- Creative Arts
- Performance Arts
- Science & Technology
- Music
- Life Skills
- Learning & Collecting
- Media & Communications
- Games and Sports
Appreciation



EXPEDITION

Planning, training & completing a challenging expedition

You will complete practice & qualifying expeditions

You will be unaccompanied and self-sufficient



I didn't realise cows come in different colours !!

Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Bronze	Including... Campcraft, Map Skills, First Aid	Minimum 1 day and 1 night	2 days and 1 night	At least 6 hours during the daytime (at least 3 of which must be spent journeying)

EXPEDITION

Planning, training & completing a challenging expedition

You will complete practice & qualifying expeditions

You will be unaccompanied and self-sufficient



Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Silver	Including... Campcraft, Map Skills, First Aid,	Minimum 2 days and 2 night	3 days and 2 night	At least 7 hours during the daytime (at least 3.5 of which must be spent journeying)

EXPEDITION

Planning, training & completing a challenging expedition

You will complete practice & qualifying expeditions

You will be unaccompanied and self-sufficient



Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Gold	Including...Camp craft, Map Skills, First Aid,	Minimum 2 days and 2 night	4 days and 3 night	At least 8 hours during the daytime (at least 4 of which must be spent journeying)

EXPEDITION

Planning, training & completing a challenging expedition

You will complete a practice & qualifying expedition

You will be unaccompanied and self-sufficient



Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Bronze	Including.... Camp craft Map Skills, First Aid,	Minimum 1 days and 1 night	2 days and 1 night	At least 6 hours during the daytime (at least 3 of which must be spent journeying)
Silver	Including.... Camp craft Map Skills, First Aid,	Minimum 2 days and 2 night	3 days and 2 night	At least 7 hours during the daytime (at least 3.5 of which must be spent journeying)
Gold	Including.... Camp craft Map Skills, First Aid,	Minimum 2 days and 2 night	4 days and 3 night	At least 8 hours during the daytime (at least 4 of which must be spent journeying)

EXPEDITION DETAILS

Practice Date:

Location:

Price:

Qualifying Date:

Location

Price:



RESIDENTIAL

Working, learning and staying away from home for 5 days 4 nights.

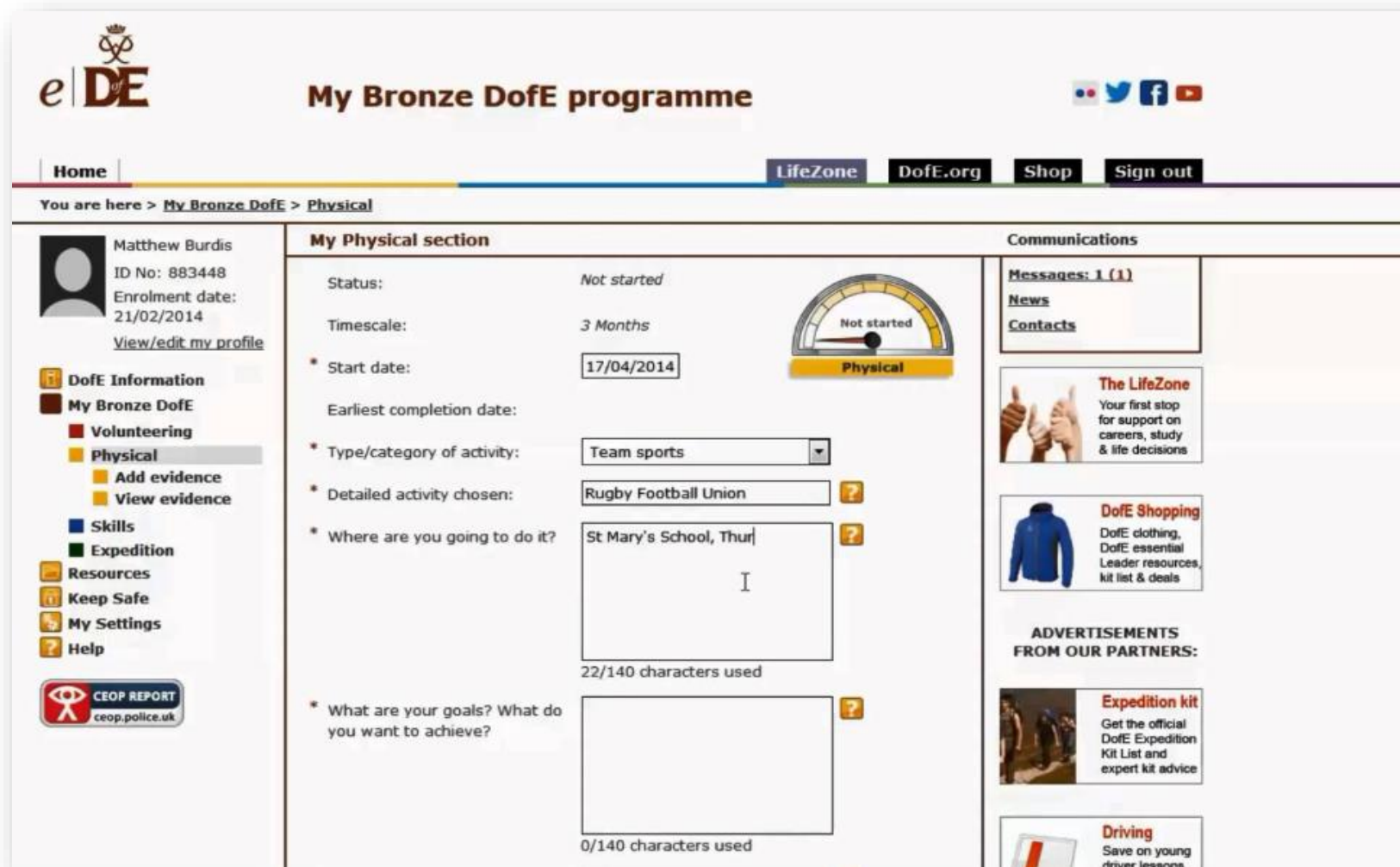
It's a great opportunity to build new relationships with people you have not met before, whilst working as part of a team to achieve shared goals, staying in shared accommodation.

- **University taster course**
- **Language course**
- **Cookery courses**
- **Outdoor activity centre**
- **Conservation projects**
- **Zoo Keeper course**
- **First Aid course**
- **Summer Camps**
- **NCS Approved residential**



What is eDofE

eDofE is the online account participants use to record their DofE Award



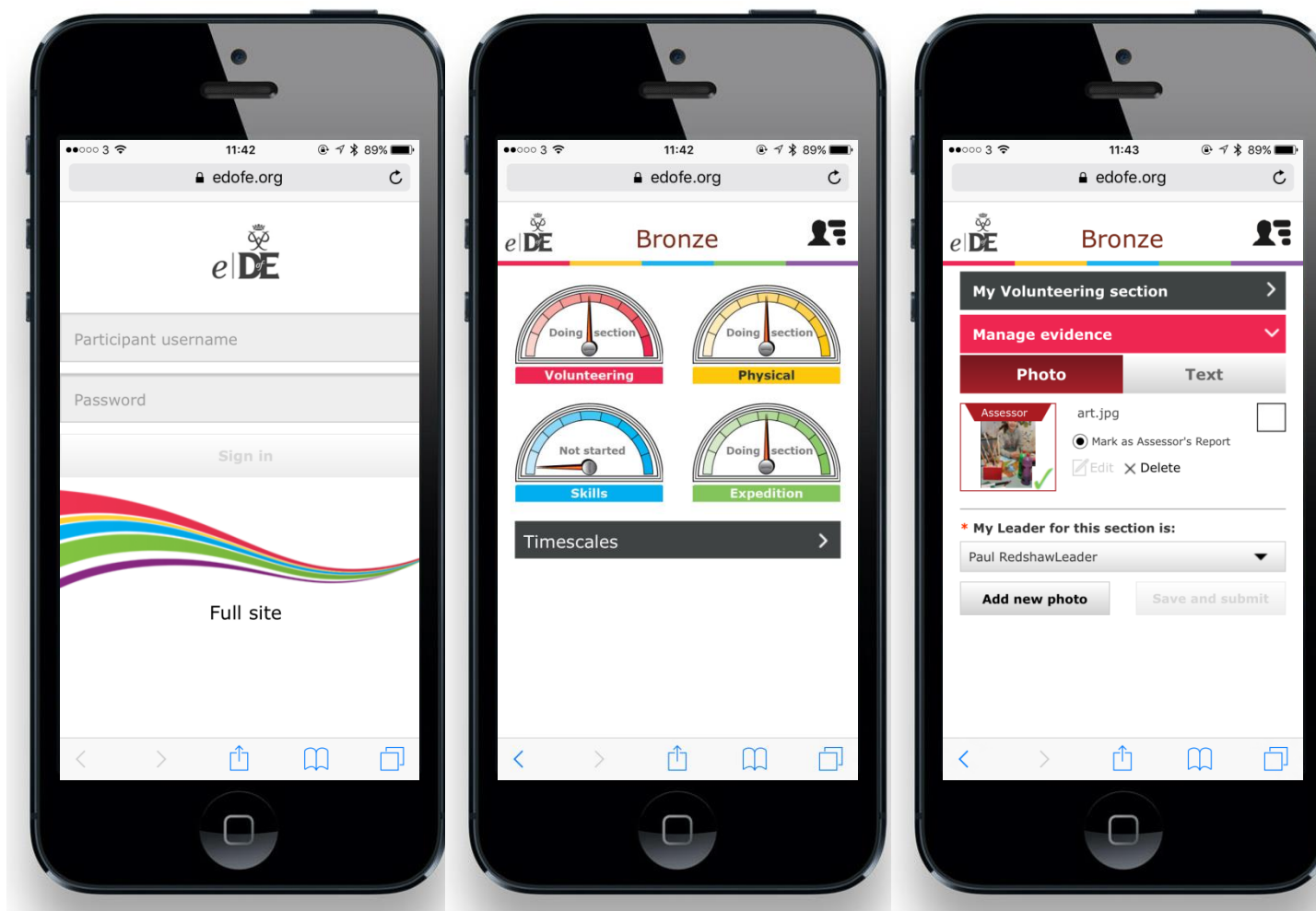
The screenshot shows the 'My Bronze DofE programme' interface. At the top, there is a navigation bar with 'Home', 'LifeZone', 'DofE.org', 'Shop', and 'Sign out'. Below this, a breadcrumb trail reads 'You are here > My Bronze DofE > Physical'. The main content area is divided into three columns:

- Left Column (User Profile):**
 - Matthew Burdis
 - ID No: 883448
 - Enrolment date: 21/02/2014
 - [View/edit my profile](#)
 - DofE Information**
 - My Bronze DofE**
 - Volunteering
 - Physical**
 - Add evidence
 - View evidence
 - Skills
 - Expedition
 - Resources
 - Keep Safe
 - My Settings
 - Help
 - CEOP REPORT** (ceop.police.uk)
- Center Column (My Physical section):**
 - Status: *Not started*
 - Timescale: *3 Months*
 - Start date: 17/04/2014
 - Earliest completion date:
 - Type/category of activity: Team sports
 - Detailed activity chosen: Rugby Football Union
 - Where are you going to do it?: St Mary's School, Thur
 - What are your goals? What do you want to achieve?:
- Right Column (Communications):**
 - Messages: 1 (1)
 - News
 - Contacts
 - The LifeZone**: Your first stop for support on careers, study & life decisions
 - DofE Shopping**: DofE clothing, DofE essential Leader resources, kit list & deals
 - ADVERTISEMENTS FROM OUR PARTNERS:**
 - Expedition kit**: Get the official DofE Expedition Kit List and expert kit advice
 - Driving**: Save on young driver lessons

eDofE mobile site

Participants can also use the **eDofE** mobile site

<https://m.edofe.org/>



WHY GOLD

We asked Gold Award holders about their experience, here's what they said:



93%

Developed better teamworking skills



Communicated better



89%

Felt physically fitter



90%

Would recommend taking part



80%

Felt more motivated



YOUR FUTURE

In a tough economic climate, it's even more important to make your CV stand out from the crowd.

Skills participants said they gained through their DofE...



Team working: 91%

Communication: 75%

Problem solving: 59%

Self-management: 55%

Positive approach to work: 55%



The Volunteering section came out top in helping participants prepare for the working world.

The activities undertaken on a Duke of Edinburgh's Award programme are proven to help boost university applications and CVs.

Parental Role

- **Guidance**
- **Encouragement**
- **Expedition support**
- **Reminders**
- **Recognise their achievements**



“

“DofE was a great experience, I made new friends and learnt new skills, I am really looking forward to the Silver Expedition.”

Tom, DofE Participant, King Alfred’s Academy



“I have really enjoyed taking part in the DofE Award at the Academy. It has been great to have support from the Academy in terms of equipment but also with my skills, volunteering and physical parts of the award. I have taken both my Bronze and Silver awards and could not have done it without the support of Brompton Academy.”

Lewis, Year 12 DofE Participant, Brompton Academy

“Doing DofE both at Bronze and Silver level has developed me in many different ways. My communication skills and teamwork has improved significantly through taking part in DofE however, my self-confidence has been developed the most.”

Alyssa Meacock, DofE participant, The Langley Academy



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A group of approximately 15 people are kayaking on a large body of water. They are arranged in a loose line, facing towards the camera. The kayakers are wearing various types of hats and life jackets. The background shows a range of mountains under a clear sky. The entire image has a purple color overlay.

ANY QUESTIONS?