

# Revision Guide

**HOW to PREPARE for your exams** 

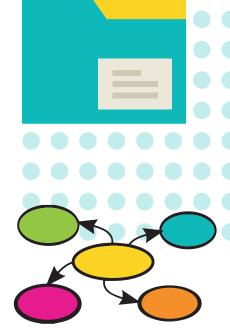


Plan
 Perfect
 revision
 Pamper
 Prepare
 Push
 Pace
 Perform
 Pride

# Plan

MTWTFSS

- Design your own revision timetable
- Start planning well in advance; allocate time for each subject and include breaks
- Keep your revision organised: notes, books, essays, folders



# Perfect revision

- Create mind-maps for each topic or theme within a subject
- Use post-it notes for key quotes, formulae or vocabulary
- Take audio-recordings of your revision on a laptop or mobile device
- Work independently then get friends or family to test you
- Make notes; use different coloured pens or symbols to help you memorise the work
- Everyone loves a highlighter HIGHLIGHT!
- Start with a topic and condense the information down; from 2 pages of notes to a page; from 1 page to half a page; from half a page to 5 key bullet points
- Complete lots of past papers, familiarise yourself with exam technique and the possible questions you could face



- You remember roughly 10% of what you read but 70% of what you write down and even more of what you can discuss and explain to others
  - Everyone revises differently find what works for YO<mark>U</mark>





"I hear and I
forget; I see and I
remember;
I do and I
understand."
—Confucius

### Pamper





- Eat, drink, sleep and play.
- Remember to allocate time for rest and relaxation: take regular breaks for a cup of tea, watch an episode of your favourite series, go for a walk or a run, meet your friends etc.
- Physical activity is very important. Exercise will increase the heart rate, which ensures the brain gets more oxygen. This increases productivity whilst reducing tiredness and stress

Remember to take care of yourself

Work hard, play not-quite-so-hard



# Prepare

Don't forget the basics before an exam:

- Get a good night's sleep
- Have a good breakfast
- Allow plenty of time to get to school
- Take all the equipment you need including a spare pen!

Know when your exam is — put your timetable on the fridge?

"Amat victoria curum" - Victory loves preparation.

#### Push

- Push yourself to achieve, stay motivated and do not give up
- Believe in your own ability; you can and will achieve with a little hard work and preparation

Fail to plan; plan to fail

# Pace



- Avoid panicking and rushing when you begin an exam
- Read all the instructions. If you are in any doubt ask the exam invigilator
- Look through the whole paper to ensure you have read all the possible exam questions and haven't missed anything
- Keep an eye on the clock. Check the marks per question and allocate time accordingly – your teachers should have given advice about this

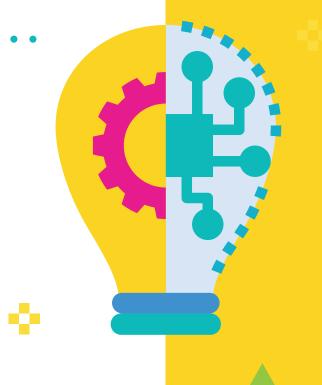
# Perform

- Too much discussion after the exam could make you worry about your performance so try to avoid it. Keep your confidence up!
- You can only do your best



# Pride

- Think positive
- Your life isn't over if you don't ace your exams, but put as much effort in as you can



If you follow these tips you will get lots of work done, feel great about yourself and still have plenty of time to relax with your friends and family.



Good luck, now get down to those notes!

#### REvision Planning Diary

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Drop-in sessions are available with Mr Hollyman, Miss Jones and Mrs Evans every morning registration for all students who would like to talk about any exam-related issues. Please come along if you need support.