



10<sup>th</sup> September 2025

Dear Year 13 Parent/Carer,

As part of the school's continued development of the RSHE programme across all year groups, we are committed to working in collaboration with parents and carers. We would therefore like to share with you details of the Year 13 programme which will be delivered in lessons this academic year.

The topics scheduled to be covered this year will be:

#### **Autumn Term**

- The role of constructive criticism
- Respectful Relationships: values & differences
- Consent matters
- Expenditure and Budget for Uni
- Health Services: freshers' flu and meningitis
- Leaving home: building a healthy lifestyle
- Physical Health – sun safety, self-checking

#### **Spring Term**

- Staying safe - transport & travel
- Staying Safe - recreational drugs
- Drugs & alcohol
- Gambling & addiction
- Intersectionality, marginalisation, and privilege
- Extremism & radicalisation – report or seek help
- Professional relationships
- Financial choices: working and earning

Please note that an overview of this information is also available in the Learning Ladders in the curriculum pages on our website. We may sometimes need to make slight changes to our Programme of Study during the academic year, for example, if we feel that a certain topic has become more urgent. We will however ensure that all pre-listed topics are covered.

Parents and carers have the right to see the resources that are used in their child's RSHE sessions. Should you wish to do so, these are currently stored in the Student Share area.

Some of these topics can be hard-hitting or resonate with individuals if there are sensitive or upsetting circumstances in the background. We would ask you to please contact the school either via

your child's Director of Learning or form tutor if you feel we need to be made aware of anything so that we can provide any support that may be necessary.

Best wishes,

Dave Chapman,  
Lead for RSHE