



08th July 2026

Health and Wellbeing Reminders – Extreme Warm Weather Alert

Dear Parents and Carers,

As we come towards the end of the term at Great Marlow School, the weather forecast for the next 2 days is once again extremely warm. We will be closely monitoring conditions throughout each day, and the decision to close the fields to students may be made if necessary to ensure their safety and wellbeing.

I would like to take this opportunity to remind you of some important health and wellbeing information. Your cooperation is greatly appreciated in helping us keep all students safe and well during this period of warm weather.

Water Bottles

Please ensure your child brings a water bottle to school each day. The medical room is unable to provide drinking cups, therefore students should fill their bottles using the water fountains located around the school during their breaks. This is particularly important during this extreme warm weather to prevent dehydration.

Water Safety Reminder

As the weather continues to be extremely warm and students spend more time outdoors, we would like to remind families of the water safety information that was shared prior to the half-term break. We encourage parents and carers to revisit these important messages with their children, particularly regarding the risks associated with swimming in open water, rivers, lakes, and reservoirs. Staying safe around water is especially important during the summer months.

Hay Fever Medication

If your child requires antihistamines for hay fever, please ensure these are taken before they come to school.

Sun Cream

The school does not provide sun cream. Given the extremely warm weather forecast, please ensure your child applies sun cream before coming to school. In addition, students should bring their own to reapply as needed for breaktimes, lunchtime and PE lessons.

Action Required

- **Remind your child to bring a water bottle each day – especially important over the next 2 days**
- **Discuss the water safety guidance shared before half term**
- **Administer hay fever medication before school, where required**
- **Apply or provide sun cream as appropriate – essential given the forecast**

Thank you for your continued support and cooperation.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'N. Maguire', with a stylized flourish at the end.

Neil Maguire
Deputy Headteacher (DSL)
Great Marlow School